

21 October 2023: Session 1		
Time	Topic	Speaker
9.00am-9.55am (55 mins)	Registration	
9.55am (5 mins)	Welcome Speech by Stanley Chan	
10.00am-10.15am (15 mins)	Screening for lung cancer - Why, Whom & How?	Anand Sachithanandan Consultant Cardiothoracic Surgeon, SJMC
10.15am-10.30am (15 mins)	Q & A Session	
10.30am-10.45am (15 mins)	Nutrition, Fitness & Weight	Winnie Chee SS Professor of Nutrition and Dietetics, International Medical University
10.45am-11.00am (15 mins)	Q & A Session	
11.00am-11.15am (15 mins)	Shock Wave for Erectile Dysfunction	Stanley Chan Associate Professor of Family Medicine, International Medical University
11.15am-11.30am (15 mins)	Q & A Session	
11.30am-11.45am (15 mins)	Testosterone Deficiency Syndrome in Elderly Men	Ngo Kay Seong Consultant Urologist, Hospital Angkatan Tentera Tuanku Mizan
11.45am-12.00 noon (15 mins)	Q & A Session	
12.00noon	Health Screening	
21 October 2023: Session 2		
Time	Topic	Speaker
1.00pm-1.55pm (55 mins)	Registration	
1.55pm - 2.00pm (5 mins)	Welcome Speech by Christopher Ho	
2.00pm-2.15pm (15 mins)	Diabetes	Hew Fen Lee Consultant Physician and Endocrinologist, SJMC
2.15pm-2.30pm (15 mins)	Q & A Session	
2.30pm-2.45pm (15 mins)	Hair Health in Men	Chng Chin Chwen Dermatologist, Subang Jaya Medical Centre
2.45pm-3.00pm (15 mins)	Q & A Session	
3.00pm-3.15pm (15 mins)	Men's Health and Sexual Function	Tan Hui Meng Consultant Urologist, Subang Jaya Medical Centre
3.15pm-3.30pm (15 mins)	Q & A Session	
3.30pm-3.45pm (15 mins)	Nocturia- Implications on Men's Health	Tan Hui Meng Consultant Urologist, Subang Jaya Medical Centre
3.45pm-4.00pm (15 mins)	Q & A Session	
4.00pm	Health Screening	