

30 September 2023: Session 1			30 September 2023: Session 2		
Time	Topic	Speaker	Time	Topic	Speaker
9.00am - 9.55am (55 mins)	Registration		1.00pm - 1.55pm (55 mins)	Registration	
9.55am - 10.00am (5 mins)	Welcome Speech by Tan Hui Meng		1.55pm - 2.00pm (5 mins)	Welcome Speech by Tan Hui Meng	
10.00am - 10.15am (15 mins)	Skin and Hair Care for Men	Chng Chin Chwen, Consultant Dermatologist, Subang Jaya Medical Centre	2.00pm - 2.20pm (20 mins)	Diabetes	Hew Fen Lee, Consultant Physician and Endocrinologist, Subang Jaya Medical Centre
10.15am - 10.30am (15 mins)	Q & A Session		2.20pm - 2.40pm (20 mins)	Q & A Session	
10.30am - 10.45am (15 mins)	Healthier Me 21-Day Challenge	Verna Lee Kar Mun, Consultant Family Physician, International Medical University	2.40pm - 3.00pm (20 mins)	Cardiac & Lung Surgical Diseases	Kenny Cheng, Consultant Cardio Thoracic Surgeon, Subang Jaya Medical Centre
10.45am - 11.00am (15 mins)	Q & A Session		3.00pm - 3.30pm (20 mins)	Q & A Session	
11.00am - 11.15am (15 mins)	Shock Wave for Erectile Dysfunction	Stanley Chan Associate Professor of Family Medicine, International Medical University	3.20pm - 3.40pm (20 mins)	Low dose PDE5 & Men's Health	George Lee Urologist, Gleneagles Hospital Kuala Lumpur
11.15am - 11.30am (15 mins)	Q & A Session		3.40pm - 4.00pm (20 mins)	Q & A Session	
11.30am - 11.45am (15 mins)	Men's Health and Sexual Function	Tan Hui Meng Consultant Urologist, Subang Jaya Medical Centre			
11.45am - 12.00 noon (15 mins)	Q & A Session				
12.00noon	Health Screening		4.00pm	Health Screening	