

| Day 1- 11 December, Monday | | | | |
|-----------------------------|---|--|--|--|
| 0745 - 0830 | Registration | | | |
| 0830 - 0930 | Plenary 1 The Role of Policy in Driving Men's Health at the Global, Regional, National and Local Levels Speaker: Peter Baker, Global Action on Men's Health Chair: Ng Chirk Jenn, SingHealth Polyclinics | | | |
| 0930 - 1015 | Opening Ceremony VIP: TBC Kuching Declaration on Men's Health in Asia | | | |
| 1015 - 1045 | Tea Break Poster Viewing | | | |
| | Gender Perspective in Health and Social Policy (S1) Chair: Feisul Idzwan Mustapha, Ministry of Health Malaysia | Asian Society for Men's Health & Aging (ASMHA) Symposium (S2) Chair: Tan Hui Meng, Subang Jaya Medical Centre | High Risk Behaviour (S3) Chair: TBC | |
| 1045 – 1115 | Mars vs Venus: Differences in Health Speaker: Low Wah Yun, Universiti Malaya | New TRT for LOH using Leydig cell derived iPS cell Speaker: Masato Fujisawa, Kobe University | Boozing from the Song until the Gate Speaker: Mohd Fadzli Mohamad Isa, Ministry of Health | |
| 1115 – 1145 | Men's Health, Women's Health: Why Gender Matters in Public Policy Speaker: Lai Suat Yan, University Malaya | Tips and Tricks in Managing ED Speaker: Park Kwangsung, Chonnam National University Medical School | Men's intimate partner relationships and mental health Speaker: John Oliffe (virtual), The University of British Columbia | |
| 1145 – 1215 | Role of Masculinity in Health Care Speaker: Hazli Zakaria, Alaminda Healthcare | Sex and erection problems after treatment for prostate cancer Speaker: Koji Chiba, Kobe University Graduate School of Medicine | Drugs Addiction Speaker: Norliza Che Me, Hospital Kajang | |
| 1215 – 1245 | Panel Discussion Moderator: Feisul Idzwan Mustapha, Ministry of Health Malaysia | Sexual Function Preservation Surgeries for BPH Speaker: Run Wang, University of Texas | Internet addiction Speaker: Ching Siew Mooi, University Putra Malaysia | |
| 1245 – 1330 | Lunch Symposium by Menarini Speed Matters: Management of ED with 2nd Generation PDE5i Speaker: George Lee, Gleneagles Hospital Kuala Lumpur | | | |
| 1330 – 1400 | Poster Viewing/ Exhibition | | | |
| 1400 -1500 | Plenary 2 Equity in Men's Health Speaker: Derek Griffith, Georgetown University | | | |
| | Ageing in the Changing World (S4) Chair: Low Wah Yun, Universiti Malaya | Cancer (S5) Chair: Zulkifli Md Zainuddin, Hospital Canselor Tuanku Muhriz UKM | Aesthetics in Men (S6) Chair: Ng Chirk Jenn, SingHealth Polyclinics | |
| 1500 – 1530 | Korean Centenarian Study Speaker: Park Kwangsung, Chonnam National University Medical School | Improving Men's Cancer Outcomes Speaker: Peter Baker, Global Action on Men's Health | Current Trends of Aesthetics in Men Speaker: Chng Chin Chwen, Subang Jaya Medical Centre | |
| 1530 - 1600 | Active and Productive Ageing: Opportunities and Challenges Speaker: Tey Nai Peng, University of Malaya | Evolving Treatment in Prostate Cancer Speaker: Wei Phin Tan, New York University Langone Health | Skin and Hair Care in Men Speaker: Chng Chin Chwen, Subang Jaya Medical Centre | |
| 1600 - 1630 | Retirement Preparedness Among Malaysians Speaker: Tengku Aizan Abdul Hamid, Universiti Putra Malaysia | Testicular Cancer: Reaching the young men Speaker: Ngoo Kay Seong, Tuanku Mizan Armed Forces Hospital | Muscular Man Speaker: Mohamad Shariff Bin A Hamid, Universiti Malaya | |
| 1630 - 1700 | Panel Discussion Moderator: Low Wah Yun, Universiti Malaya | Panel Discussion Moderator: Zulkifli Md Zainuddin, Hospital Canselor Tuanku Muhriz UKM | Panel Discussion Moderator: Ng Chirk Jenn, SingHealth Polyclinics | |
| 1700 - 1730 | Tea Break Poster Viewing Exhibition | | | |
| Day 2- 12 December, Tuesday | | | | |
| 0830 -0930 | Plenary 3 Engaging the Public in Men's Health Speaker: Zac Seidler, Movember | | | |
| 0930 – 1000 | Tea Break Poster Viewing Exhibition | | | |
| | Men's Health Epidemiology (S7) Chair: Razitasham, Universiti Malaysia Sarawak (UNIMAS) | Health and Innovation (S8) Chair: Ridwan Shabsigh, Cornell University | Nutrition & Fitness (S9) Chair: Low Wah Yun, Universiti Malaya | |
| 1000 – 1030 | Men's Health: Report Cards from the World Speaker: Derek Griffith, Georgetown University | Delivering Men's Health: 10 key tips Speaker: Peter Baker, Global Action on Men's Health | Weight Loss Interventions : Are There Differences between Men & Women Speaker: Winnie Chee SS, International Medical University | |
| 1030 – 1100 | A Social-determinants Approach to Solving Men's Health Problems Speaker: Andrew Kiyu, University Malaysia Sarawak | ScreenMen: Empowering Men to Screen Speaker: Teo Chin Hai, Universiti Malaya | Diet and Physical Activity Among Our Youth: Gender-specific patterns Speaker: Hazreen Abd Majid (virtual), University of Malaya | |
| 1100 – 1130 | Men's Health: Time for A New Approach to Policy and Practice? Speaker: Zakiah Md Said, Ministry of Health | Innovative Approach to Professional Education in Men's Health Speaker: Tun Firzara, Universiti Malaya | Gender - specific Exercise Interventions Speaker: Mohd Nahar Azmi Bin Mohamed, Universiti Malaya | |

| | | | | |
|--------------------------------------|--|--|--|---|
| 1130 – 1230 | Plenary 4 Screening and Advance Diagnostic Procedure for Prostate Cancer Speaker: Wei Phin Tan, New York University Langone Health | | | |
| 1230 – 1315 | Lunch | | | |
| 1315 – 1400 | Poster Viewing/ Exhibition | | | |
| 1400 – 1500 | Plenary 5 The Role of Gender Neutral HPV Vaccination Programmes in Improving Men's Health Speaker: Peter Baker, Global Action on Men's Health | | | |
| | Sexual Health (S10) Chair: Christopher Ho, Oriental Melaka Straits Medical Centre Selvalingam Sothilingam, Sunway Medical Centre Velocity | Non-communicable Diseases in Men (S11) Chair: Winnie Chee SS, International Medical University | Health Literacy (S12) Chair: Kamaliah Md Noh, Cyberjaya University College of Medical Sciences | Oral Presentation |
| 1500 – 1530 | The One Track Mind : Men & Sexual Health Speaker: Ng Chirk Jenn, SingHealth Polyclinics | Debate: Does Gender Matter? Heart Health for Women Vs Men Speakers: Feisul Idzwan Mustapha, Ministry of Health Malaysia & Wong Ping Foo, Klinik Kesihatan Cheras Baru | Self-care and Health Literacy in Men Speaker: Affendi Isa, Ministry of Health Malaysia | <i>Abstracts programme will be updated soon</i> |
| 1530 – 1600 | Managing UTI in Men Speaker: Azad Hassan Abdul Razack, University of Malaya | | Gender difference in health literacy and eHealth literacy Speaker: Hooi Min Lim, University of Malaya | |
| 1600 – 1630 | Chronic Pelvic Pain Syndrome Speaker: Alan Wein, University of Pennsylvania | Challenges Facing Young Physicians in Encouraging Men to go for Screening and Adhering to Medications Speaker: Navin Kumar Devaraj, Univesiti Putra Malaysia | Interventions to Improve Health Literacy Speaker: Tin Tin Su, Monash University | |
| 1630 – 1700 | ED in primary care Speaker: Stanley Chan, International Medical University | Prevent the Threat of NCD Speaker: Feisul Idzwan Mustapha, Ministry of Health Malaysia | Panel Discussion: The Math of Improving Health Literacy in Men Moderator: Kamaliah, Cyberjaya University College of Medical Sciences | |
| 1700 - 1730 | Tea Break Poster Viewing | | | |
| Day 3- 13 December, Wednesday | | | | |
| 0830 - 0930 | Plenary 6 Men and COVID-19: The Aftermath Speaker: Ridwan Shabsigh, Cornell University | | | |
| 0930 - 1000 | Tea Break Poster Viewing | | | |
| | Vulnerable Men (S13) Chair: Sazlina Shariff Ghazali, Universiti Putra Malaysia | Men and Mental Health (S14) Chair: Hazli Zakaria, Alaminda Specialist Clinic | LUTS and OAB (S15) Chair: Tan Hui Meng, Subang Jaya Medical Center | |
| 1000 - 1030 | Behavioural Trend among MSM & Transgender Speaker: Anita Suleiman, Ministry of Health Malaysia | Male Depression and Suicidality Speaker: John Cliffe (virtual), University of British Columbia | Sleep and Nocturia Speaker: Alan Wein, University of Pennsylvania | |
| 1030 - 1100 | Suicide trend among men in Asean countries Speaker: Siau Siew ching, Universiti Kebangsaan Malaysia | Dementia in Men: Forget Me Not Speaker: Shahrul Bahyah Binti Kamaruzzaman, Universiti Malaya Medical Centre | Non pharmacological Options for overactive bladder Speaker: Ong Teng Aik, University of Malaya | |
| 1100 - 1130 | Approach to Managing MSM with HIV Speaker: Sathya Rao Jogulu, Ministry of Health Malaysia | Protecting Our Elders: Preventing and Addressing Abuse and Neglect in Older Men Speaker: Noran Naqiah Binti Mohd Hairi, University Malaya | LUTS & Men's Health Speaker: Ridwan Shabsigh, Cornell University | |
| 1130 - 1200 | Panel Discussion Moderator: Sazlina Shariff Ghazali, Universiti Putra Malaysia | Panel Discussion Moderator: Hazli Zakaria, Alaminda Specialist Clinic | Panel Discussion Moderator: Tan Hui Meng, Subang Jaya Medical Center | |
| 1200 - 1245 | Lunch Symposium | | | |
| 1245 - 1400 | Poster Viewing Exhibition | | | |
| 1400 - 1500 | Plenary 7 Nocturnal Polyuria - Malaysian Perspective Speaker: Clarence Lei, Normah Medical Specialist Centre | | | |
| | Equity in Men's Health (S16) Chair: Azad Hassan, University of Malaya | Consultation with Men (S17) Chair: Navin Kumar, Univesiti Putra Malaysia | Testosterone Deficiency (S18) Chair: Tan Hui Ming, Subang Jaya Medical Center | |
| 1500 - 1530 | Interventions promoting men's health equity Speaker: Derek Griffith, Georgetown University | Communicating with men: can we do better? Speaker: Joe Ooi Chor Yau, Universiti Malaysia Sarawak | Diabetes Mellitus and Testosterone Deficiency Speaker: Michael Zitzmann, Münster University Hospital (UKM) | |
| 1530 - 1600 | Gender Differences in Sexual Fluidity Speaker: John Pinto | Motivating the Unmotivated: How to Change Health Behaviour Speaker: Mimi Firtriana, International University of Malaya-Wales | TD: what to do when testosterone replacement fails Speaker: Aksam Yassin, Dresden International University | |
| 1600 - 1630 | Social Connectedness: The intersectionality of ethnicity and religion Speaker: Christine Maryanna Gabriel, Taylor's University Lakeside Campus | Setting Up Men's Health Clinic : Why & Why Not Speaker: George Matthew, Universiti Malaysia Sabah | Teaching HCP on TRT Speaker: Peter Lim, Institute for Men's Health Singapore | |

| | | | | |
|-------------|--|---|---|--|
| 1630 - 1700 | In the Shadow of the City: Men's Health amongst the Urban Poor Speaker: Ng Chirk Jenn, SingHealth Polyclinics | Disputing Irrational Beliefs of Manhood Speaker: Alvin Ng, Sunway University | I-PASS and Other Important Asian TRT Trials Speaker: Michael Zitzmann, Münster University Hospital (UKM) | |
| 1700 - 1730 | Closing Ceremony | | | |
| 1730- 1800 | Tea Break Poster Viewing | | | |